## Extraction Procedure for Cortisol, Corticosterone, Androstenedione, and Testosterone

Includes: Cortisol, Corticosterone, Androstenedione, and Testosterone

Cat #'s: EA 65, EA 66, EA 68, and EA 78

## Materials Needed:

- 1. Ethyl Ether
- 2. Nitrogen Gas
- 3. 10x75 mm Glass Tubes

## **Procedure:**

- 1. Pipette 100  $\mu$ L of plasma into a glass tube (10x75 mm) and add 1 mL of ethyl ether.
- 2. Vortex the tube for 30 seconds, then allow the phases to separate.
- 3. Transfer the organic phase into a clean glass tube and evaporate the solvent with a stream of nitrogen gas.
- 4. Dissolve the residue in 100  $\mu$ L of diluted extraction buffer.
- 5. Dilute the extract 100 fold by adding 10  $\mu$ L of the above extract into 990  $\mu$ L of diluted extraction buffer.
- 6. Vortex and assay 50  $\mu$ L in duplicates.
- 7. Multiply the obtained values by 100 to give the final concentrations in ng/mL. If additional dilution is necessary, values must be multiplied by the additional dilution factor in order to calculate final ng/mL concentration. If the concentration is higher than the high range of the standard curve, the samples in #6 need to be further diluted and re-assayed.